

{monday}

{tuesday}

{wednesday}

{thursday}

{friday}

{saturday}

daily tasks

daily tasks

daily tasks

daily tasks

daily tasks

daily tasks

mop floors

dust
everything

deep clean
bathrooms

deep clean
kitchen

wash sheets
and towels

sweep out
garage

vacuum
entire house-
including
couches &
week 1:
windows

week 1:
including
ceiling fans

wipe down
furniture

empty trashes
and week 2:
clean out
garbage cans

wipe down
kitchen chairs
and cabinets

week 3: wipe
down vents

clean glass

week 4: wash
baseboards &
walls as
needed

week 2: clean
oven

week 2: wash
bed quilts

week 4:
vacuum out
windowsills

week 4: wash
light plates &
doors, exterior
and interior

week 3: clean
fridge & freezer

a **CLEAN**
home every day
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