

{monday}

{tuesday}

{wednesday}

{thursday}

{friday}

{saturday}

daily tasks

daily tasks

daily tasks

daily tasks

daily tasks

daily tasks

mop floors

dust  
everything

deep clean  
bathrooms

deep clean  
kitchen

wash sheets  
and towels

sweep out  
garage

vacuum  
entire house-  
including  
couches &  
week 1:  
windows

week 1:  
including  
ceiling fans  
  
wipe down  
furniture

empty trashes  
and week 2:  
clean out  
garbage cans

wipe down  
kitchen chairs  
and cabinets

week 3: wipe  
down vents

clean glass

week 4: wash  
baseboards &  
walls as  
needed

week 2: clean  
oven

week 2: wash  
bed quilts

week 4:  
vacuum out  
windowsills

week 4: wash  
light plates &  
doors, exterior  
and interior

week 3: clean  
fridge & freezer

a **CLEAN**  
home every day  
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