

# Spring CLEANING

[www.simplykierste.com](http://www.simplykierste.com)

## checklist

### kitchen

- clean out fridge & freezer
- clean oven
- remove & clean stove burners & knobs
- clean out & wipe down drawers & cupboards
- discard old spices
- mop floor & baseboards on hands & knees
- wipe down top of fridge
- clean behind fridge, if possible

### bedrooms

- wash all bedding, including mattress pads, bedskirts, and comforters
- replace or wash pillows
- go through closets, switch out seasonal clothing
- rotate & flip mattresses, if necessary

### laundry room

- clean behind washer & dryer
- remove front lint plate and clean thoroughly

### general

- dust ceiling fans
- dust ceilings and corners of walls
- dust/clean vents & fans
- clean blinds
- wash windows, inside & out
- vacuum out windowsills, rinse screens
- dust/clean all light fixtures
- wash walls & baseboards
- vacuum or wash draperies & curtains
- wash or beat rugs
- wash down doors & light switch plates
- clean/shampoo carpets
- change air filter
- safety inspection: smoke & carbon monoxide detectors, fire extinguishers
- vacuum out couches & chairs
- vacuum/use lint roller on lamps
- vacuum out sliding glass door tracks
- clean out medicine cabinets, safely discard old prescriptions